

IMPORTANT NOTICE

YOU ARE ONLY PERMITTED TO DRINK CLEAR LIQUIDS. NO SOLID

FOODS ARE ALLOWED FROM THE TIME YOU AWAKE THE DAY BEFORE YOUR PROCEDURE UNTIL THE PROCEDURE IS COMPLETED. IF THESE PREP INSTRUCTIONS ARE NOT FOLLOWED,

YOUR TEST MAY BE REJECTED/VOID.

IF YOU ARE ON COUMADIN, PLEASE LET US KNOW.

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COUMADIN PLEASE LET US KNOW.

Patient itinerary for:

EPN:

Time: Duration (in minutes):

Ordered By:

Procedure:

START THIS PREP ON

You are permitted to have only clear liquids today. No solid food.

12:00 PM Add water to your container. Shake well to dissolve crystals and then refrigerate.

You may nick ONE of the four flavor packs that come with mixture to add to it

2:00 PM Start drinking the NuLyte or Colyte solution. You must drink 1-2 glasses (8-16 oz) every 15 - 20 minutes. DRINK HALF OF THE SOLUTION IN YOUR CONTAINER WITHIN TWO HOURS. Do not add anything to your solution. (Except one of the flavor packs as stated above)

If you have any vomiting while drinking the solution, stop it for 30 minutes and then restart it. If vomiting re-occurs stop the solution and call the office for further instructions. If vomiting re-occurs after the office is closed call the office telephone number and ask for our service.

6:00 PM Take the 2 Dulcolax tablets. You may have clear liquids until midnight. If your bowel movements become clear, drink the remainder of the solution over a period of 2 hours.

12:00 AM Nothing to eat or drink until test

Have nothing by mouth unless otherwise instructed. *If your exam is scheduled after 0 noon, you may have

MEDICATION: You may take your usual medications with this prep before you start to drink your solution. Do not take any

Instructions for:

****IMPORTANT TRANSPORTATION NOTE****

You will be given a sedative to help you relax; therefore you cannot drive a vehicle for the remainder of the day. All patients must be accompanied by a responsible adult who can drive him/her home after the exam. Patients may only ride home in a taxi, medvan or bus. If

accompanied by a responsible adult. A taxi/medvan driver does NOT meet the requirements for a person to accompany you home after the exam. Failure to have a driver will result in the test not being performed and cancelled even though you have taken the colon prep. There will be no exceptions to this rule.

- A thorough cleansing of the colon is essential and the exam will be most successful if you follow the directions of the colon prep. If you have any questions about the test or prep, call our office at 614-755-1270.

MEDICATIONS:

Do not stop your actual medications. Also, bring a list of any medications you are

- Let the office know if you have any bleeding disorders such as low platelets or prolonged bleeding time.
- **GO TO THE MAIN ENTRANCE** of Cleveland Hospital and report to the outpatient registration desk. It is the desk on the left when you enter the main lobby. Once you are registered, you will be given directions to go to the GI Lab where you will then complete any needed paperwork and get changed into a gown. The nursing staff will perform a brief assessment, place an I.V., and take you into the procedure room where you will be sedated and undergo the exam.
- If your test is scheduled for 6:00am, please report to the outpatient registration desk a half hour prior to your test.
- After the exam, you will rest in the recovery area while the sedative wears off. The doctor will speak with you, and you will be discharged. A complete report of your exam will be sent to your family doctor.